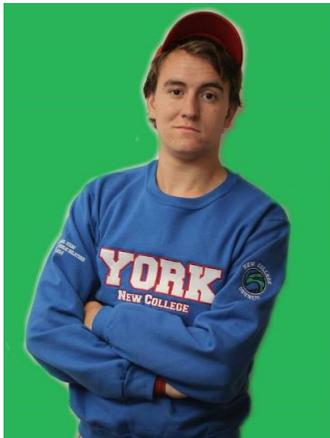




Why I Don't Worry



People always ask me "Why don't you care about anything?" The truth is I do care, I care a lot, I just never worry. I never worry about my future, I never worry about exams, and I especially never worry about the past. Four years ago York was my last option when it came to choosing a university. York was the back to my back up if I did not get into my back up. But after failing (I didn't actually fail, I got a 72, but to me in high school that was a fail) Grade 12 physics my dream of going into engineering was crushed. Being the only person out of my whole friend group to come to York I guess you can say I was scared to start at a school that I originally did not want to be at. But yet over these past 4 years I have done things I could not even imagine. I changed the athletics program here at New College, I was the youngest ever college president (at the time) and most of all I made so many close friends that I can honestly say changed my life. So, whether you do bad on a test, you did not get the job you wanted, or the person you have liked for years tells you they just want to be friends, care, but don't worry. Because the next test you will ace, the next job will be even better, and who knows maybe that person will end up coming to their senses and finally realize just how special you are. No matter what happens, just be ready to make the most out of whatever curveball life is ready to throw at you.

Hakuna Matata!

Jack Onorati (4th year, BAS Accounting)

Exam Studying Isn't All That Bad!



It is exam season and you are probably worried about the upcoming finals! Exam studying doesn't have to be a chore! Make it fun and efficient by following these steps:

1. When prepping for an exam, **simulate the exam setting**. Practice as if you were actually writing the exam in a quiet room, with electronics turned off as well as giving yourself a time limit to complete your review.
2. Space out the time you are studying- **don't cram**. Studying the night before is not produc-

- ive because you will not remember the material. However, you will perform poorly the day of the exam and create careless mistakes
3. Take **short breaks** and reward yourself during those breaks.
 4. Attend a **learning skills workshop** offered at this link: <http://lss.info.yorku.ca/workshops/>
 5. **Do readings and practice questions** throughout the course; make weekly notes. This way, come exam time, all you have to do is re-view the notes you have made.
 6. Many students think that exam studying takes place 1-2 weeks before the examination process. However, it begins the minute you walk into your first class. **Participate in class and be actively engaged with class conversations, ask questions and join weekly group study sessions**. Take the initiative and create your own study group- don't wait for others. Once you do this, the information will be fresh since you were actively learning.

Alexa Lopreiato (4th Year, BHRM)

Bitter-Sweet Farewell

Unfortunately it is time for my journey to come to an end. It has been a pleasure serving as your 2015 – 2016 NCC President. Thank you for the amazing moments and memories we have created together. We had an amazing frosh week; witnessing the first year students bond and blossom together over these two terms brings me great joy.

An enormous thank you goes to my fellow council members for the amazing work they have accomplished this year. It is because of them that NCC was able to provide New College students with sports, events, and most recently 'Tip of the Month' videos. Another grand thank you is given to the Master's Office, Pond Road Residence and SCLD for their continuous support.

This year has had some ups and downs but I wouldn't have it any other way. The bumps in the road have contributed to this great year we are bringing to an end. The role of president was a great opportunity to learn about myself and develop important skills such as leadership, time management and self-care.

It is a bitter-sweet farewell to council, however, I will not be far. I am going to be another face in the crowd. Just another member in the New College family. I hope to see you all get involved or, at the very least, visit our lounge.

I'm proud to call New College my home away from home. Good luck on your final exams and happy summer!

Vanessa Pichelli (President, NCC)



New College Rebranding

After spending four exciting years with New College, my last semester at York University motivated me to pick up a work-study position with the Office of the Master in branding and communications. This position has given me the ability to work on New College's website, conduct focus groups and discuss branding of the college name.

Recently, the Office of the Master has taken the step to change the name from "New College" back to Atkinson College. As many students may or may not know The School of Administrative Studies and the School of Human Resource Management were, until 2009, part of the Joseph E. Atkinson Faculty of Liberal and Professional Studies and affiliated with the Atkinson College. As of July 1st 2009, New College was born. Changing from 'New' to 'Atkinson' gives a more prestigious and recognized name to both students and employers. It also makes it easier for incoming students to identify the college's name by the name of the building. (Atkinson College in the Atkinson Building). In order to hear from the student community about this change, please voice your opinion in this short survey.

<http://goo.gl/forms/6296TdTX9D>

Maheen Arif (Branding & Communications Assistant, New College)

Update: BAS to BCom

The School of Administrative Studies (SAS) has dedicated their time in preparing a proposal to change the existing degree of BAS to BCom at the request of students and alumni. The main reason for this change is to have the degree more recognizable for students going into the workplace, and to build the reputation of this program. This proposal has been in the process for several months through constant revisions and endorsements by several constituencies. The BAS to BCom proposal has gone through several committees at the departmental and Faculty levels, which was passed unanimously in the March 10th LA&PS Faculty Council. This proposal has three technical components, but in simple terms the name BAS will change to BCom with everything else remaining the same. A key factor in this proposal is the grandfathering clause which is beneficial for current students and alumni. The grandfathering clause allows any prior graduates to change their degree to BCom.

This proposal is halfway from being implemented as now it'll have to go through the respective Senate sub-committees and ultimately be approved by Senate, at large. If all these processes go in favour of SAS, and this proposal is approved by Senate in June 2016, at the latest then this name change will come in effect as of July 1, 2017.

Alamgir Khandwala (Vice Chair, Student Council of LA&PS)

Top 5 Educational (and Cheap) Things to do This Summer!

Staying in the city can be a summer full of fun. Branch out from your usual summer activities and take advantage of these 5 educational things to do in Toronto this summer.

1. Go fishing indoors: Scadding Court transforms their pool into a trout pond with real Rainbow trout. You can try to fish for only \$3! The event aims to educate local families about ecology and where the food you eat comes from.
2. See major exhibitions for cheap: The Art Gallery of Ontario (AGO) is free Wednesdays from 6 p.m. to 8:30 p.m., and is a popular night time activity for Torontonians.
3. Get to know animals: See the animals for free at the High Park Petting Zoo, which is home to bison, deer, llamas, peacocks and more. The historic zoo has been around for over a hundred years and is open from 7 a.m. until dusk. There's also Riverdale Farm in Cabbagetown, where you can visit with the animals around the property and talk with the farmers. The Farm is open 9 a.m. to 5 p.m.
4. Learn how to swim: The city of Toronto has drop-in swimming sessions at most of our public pools. Each session is \$2 for adults, \$1 for kids and children 18 months and younger are free. Check their official website to see the hours and locations of each pool.
5. Explore the outdoors: When the weather's nice, soak up the sun at one of the city's many parks. High Park and Trinity Bellwoods are always popular, thanks to their gardens, space for picnics, or just relaxing in the grass. If you'd rather get active, there's lots of hiking trails throughout the parks and the rest of the city! Grab a bottle of water and a map (if you need it) and spend a day exploring.

Julianna Primiani (VP Communications, HRSA)